

*God made us for freedom, but we chase it and search for it all around us, always seeking a little bit more, where freedom already exists.*

We want control over our life, freedom from the expectations swirling around us, freedom from the pain inflicted by others, shallow or deep.

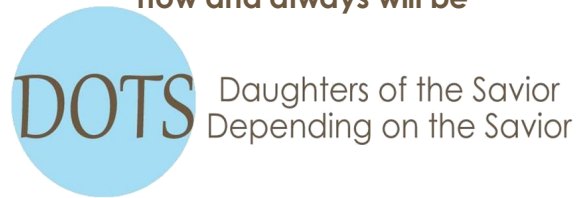
We want freedom, like we want air, and you would think this is only a problem for unbelievers, but it isn't. No matter how mature we are as Christians we are always discovering what Freedom in Christ means and what that looks like in our lives.

You are invited to lean into this question with us at this retreat. Dig deep with us into the book of Galatians.

What does Paul know about my search for freedom in the 21st century? It turns out... maybe everything.

Let's stop chasing freedom together and start sitting in the freedom we have, discovering more of all Jesus gives us, today and each day from here forward, throwing off the expectations of others and resting in the expectations of God and God alone.

Join us to be reminded we are now and always will be



**This retreat was made possible through generous financial support from:**

- The Nebraska District Office
- Thrivent Financial

**This retreat was planned by the Nebraska District Pastors' Wives Care Team:**

- Deb Burma, Columbus
- Deb Heuer, Fremont
- Heather Meyer, Goehner
- Robin Schermbeck, Elk Creek
- Valorie Snow, Seward



**Nebraska  
District LCMS**

# *Chasing Freedom*

## *A Study of Galatians*

Freedom, Expectations, and  
Life Together

February 1-2, 2019  
Grand Island

A Retreat for  
Wives of Pastors  
in the Nebraska District

Our presenter is **Deaconess Heidi Goehmann**, a licensed independent mental health practitioner, author, and speaker. She is also a pastor's wife with a passion for people.

Through her work, she wants us to see the connection between mental, emotional, and relational health, and the hope God's Word brings in the middle of all of them, as we figure it all out in this life together.

There will be time available during the retreat for those who wish to talk privately with Venita Steinbauer, a counselor with GracePoint. Those who check the box on the registration form will be pre-assigned a timeslot with Venita. Times will also be available at the retreat.

**Come spend time with other wives of pastors in the Nebraska District to be renewed through His Word, to be refreshed through laughter, and to be reminded of the freedom that is yours through Jesus Christ.**

*Chasing Freedom*

It is for freedom that Christ has set us free  
Galatians 5:1

## RETREAT INFORMATION

### Retreat Location

Peace Lutheran Church  
1710 N North Road, Grand Island

### Lodging Accommodations

Fairfield Inn and Suites  
805 Allen Drive, Grand Island

### Lodging Information:

- Sleeping rooms are included in the registration fee and reservations will be made by a rooming list. All rooms are double rooms. Single rooms are an additional cost.
- If no roommate is requested, one will be assigned.
- Mothers with infants are welcome to bring their babies with them. Please indicate on the registration form if a crib is requested. Crib availability is not guaranteed.
- Registration information is included on the enclosed registration form. Online registration is encouraged.

**Registrations are due right after Christmas, so register TODAY! Don't wait until the crazy Christmas rush to save your spot!**

*\*No wife or widow will be turned away because of not being able to pay the registration fee. If you would like to request a scholarship to help offset the cost, please email [nicholeh@ndlcms.org](mailto:nicholeh@ndlcms.org) with your request.*

## RETREAT AGENDA

### Friday, February 1

4:00-6:00 Hotel check-in/dinner on own  
6:00 p.m. Registration at Peace  
7:00 Welcome/Announcements  
7:30 **Chasing People**  
8:30 Worship Service  
9:15 Fellowship at the Hotel

### Saturday, February 2

Breakfast at the hotel/check-out  
9:00 a.m. **Chasing Expectations**  
10:15 Break and Activity Centers  
11:15 Q and A with President Snow  
Noon Lunch (provided)  
1:15 **Chasing Dreams**  
2:30 Next Steps Conversation  
2:45 Break  
3:00 **Restoring Freedom**  
4:00 Depart for Home

- Snacks and non-alcoholic beverages will be provided for the fellowship time Friday night. Ladies are welcome to bring other beverages of their choice to the hotel.
- Hotel rooms for Saturday night have been reserved in our block for any participants wishing to extend their stay. Rooms will be booked through the District Office and the cost will be added to the registration fee. Email [nicholeh@ndlcms.org](mailto:nicholeh@ndlcms.org) for more information.
- Those who attended last year's retreat are encouraged to bring their mugs. New ones will be available for those who don't have one yet.

Stay in touch and get more information on Facebook by joining the "**DOTS-Daughters of the Savior, Depending on the Savior**" group.

